Basildon

Little Burstead
Great Burstead
Noak Hill
To Billericay
Noak Bridge
Steeple View
Dunton
Pipps Hill
Basildon Sporting Village
Basildon
Ghyllgrove
Southfields
Laindon
Lee Chapel North
Brendon
Town Centre
Kingswood
Great Berry
Langdon Hills
Lee Chapel South
Vange
Fryerns
Cranes Farm
Barstable
Chalvedon
Pitsea
Eversley
Nevendon
Burnt Mills Industrial Estate
To Wickford
To Southend
To Tarpots
Pitsea Marshes
To Stanford-le-Hope

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	On-road cycle route
	Off-road cycle route
	Bridleway or Byway
	Cycle lane
	Bus lane
	Cycle friendly road
	On-road suitable for experienced cyclists
P	Cycle parking
Coll Sch	College / School
H	Hospital
	Toucan / Pelican crossing
S	Subway
	Train station
13 16	National Cycle Network route number
	Cycle shop
	Retail area

0 Miles 0.5 1 1.5

How long will it take

3 minutes cycling → 6 minutes cycling → 9 minutes cycling

Based on cycling at 10mph

N

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Cartography © Sustrans FourPoint Mapping for Essex County Council

Source: www.basildon.gov.uk

Basildon Billericay & Wickford Cycling map

Photo courtesy of Noak Bridge Nature Reserve Society

Essex County Council

This information is issued by
Essex County Council, Sustainable Travel Team.

You can contact us in the following ways:

By email:
contact@essex.gov.uk

Visit our website:
essex.gov.uk/cycling

By telephone:
0845 603 7631

By post:
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Economic Growth and Development
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The information contained in this document can be translated, and / or made available in alternative formats, on request.

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recycle for Essex

Essex County Council

Cyclists' training

Cyclist Training is available throughout the county to a wide range of ages and abilities.

Essex County Council provides training through the Bikeability Scheme, which is offered to all primary and secondary schools. Bikeability is cycling proficiency for the 21st Century, designed to give the next generation the skills and confidence to ride their bikes on today's roads.

Training is also available for adults and can be focused around your needs; we can help you find a provider in your local area.

If you are interested in finding out more about the training that is available please contact **RoadSafety@essexhighways.org**

Or for more information about Bikeability **www.dft.gov.uk/bikeability**

Be Safe, Be Seen

Ensure you are visible to others. Wear fluorescent items in the daytime and reflective at night. The extra visibility given by these materials can give other road users a few extra seconds of 'reaction time'.

When cycling at night you must have a white front light, red back light and red reflector – all in good working order. Aside from the safety risks, it is an offence to cycle at night without lights and reflectors.

Keep all lights and reflectors clean and clear of obstruction. You can also use spoke and pedal reflectors with most types of wheels and pedals.

Road position can also make a huge difference to your visibility whilst cycling, ride at least one metre from the kerb and consider taking the primary position (in the centre of the lane) at junctions and pinch points, especially in low light conditions.

Cycling times between major destinations

Numbers indicate: Miles / Minutes (based on 10mph)	Basildon Town Centre	Festival Leisure Park	Basildon Sporting Village	Dunton	Laindon Rail Station	Basildon University Hospital	Vange	Pitsea	Burnt Mills Industrial Estate	Langdon Hills	Cranes Farm
Basildon Town Centre		1.4 / 8	0.9 / 5	3.3 / 20	1.7 / 10	0.9 / 5	1.5 / 9	2.6 / 16	3.3 / 20	2.3 / 14	2.6 / 16
Festival Leisure Park	1.4 / 8		0.9 / 5	3 / 18	2.6 / 16	2.1 / 13	2.9 / 17	3.3 / 20	3 / 18	3.5 / 21	1.7 / 10
Basildon Sporting Village	0.9 / 5	0.9 / 5		2.3 / 14	2.4 / 14	1.8 / 11	3 / 18	3.6 / 22	3 / 18	3.2 / 19	2 / 12
Dunton	3.3 / 20	3 / 18	2.3 / 14		1.7 / 10	3.6 / 22	4.7 / 28	5.9 / 35	5.3 / 32	2.3 / 14	3.9 / 23
Laindon Rail Station	1.7 / 10	2.6 / 16	2.4 / 14	1.7 / 10		1.8 / 11	3.2 / 19	4.4 / 26	5 / 30	0.6 / 4	4.2 / 25
Basildon University Hospital	0.9 / 5	2.1 / 13	1.8 / 11	3.6 / 22	1.8 / 11		1.7 / 10	3 / 18	4.2 / 25	2.7 / 16	3.9 / 23
Vange	1.5 / 9	2.9 / 17	3 / 18	4.7 / 28	3.2 / 19	1.7 / 10		1.2 / 7	3 / 18	3.8 / 23	2.6 / 16
Pitsea	2.6 / 16	3.3 / 20	3.6 / 22	5.9 / 35	4.4 / 26	3 / 18	1.2 / 7		1.7 / 10	4.8 / 29	2.4 / 14
Burnt Mills Industrial Estate	3.3 / 20	3 / 18	3 / 18	5.3 / 32	5 / 30	4.2 / 25	3 / 18	1.7 / 10		5.6 / 34	1.4 / 8
Langdon Hills	2.3 / 14	3.5 / 21	3.2 / 19	2.3 / 14	0.6 / 4	2.7 / 16	3.8 / 23	4.8 / 29	5.6 / 34		4.8 / 29
Cranes Farm	2.6 / 16	1.7 / 10	2 / 12	3.9 / 23	4.2 / 25	3.9 / 23	2.6 / 16	2.4 / 14	1.4 / 8	4.8 / 29	

Share the space

Whether you cycle on the road or on designated cycle paths you will have to share the space.

On shared off-road facilities please remember:

- Pedestrians are more vulnerable than a cyclist
- Keep an appropriate speed for the type of route you are using and the number of other users
- Lights are required at night, even on cycle paths – other users need to see you and you need to see where you are going.

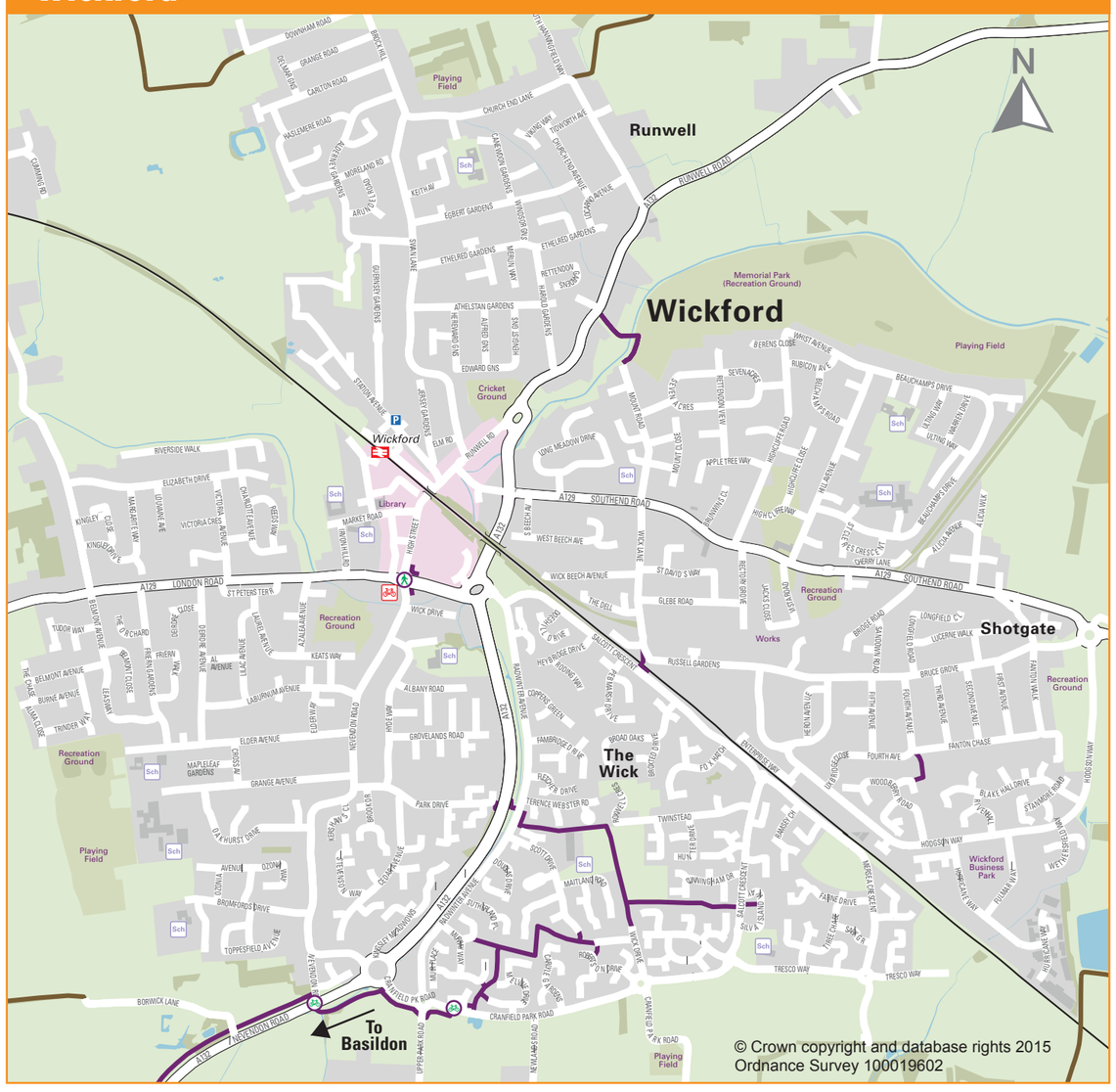
On the road:

- We all have an equal right to the road space whether on two wheels or four
- Be decisive and hold your line
- Cycling and cyclists benefit everybody by reducing congestion and maximising road capacity
- Jumping red traffic lights and riding on pavements is not only illegal it is also dangerous and reinforces negative attitudes about cycling
- Advance stop lines and cycle lanes are for cyclists' safety
- As a driver, look out for cyclists and give them lots of room
- Cyclists should take extra care around large vehicles – do not undertake on the inside; they may not see you.

Image courtesy of Transport for London

Billericay

Wickford



Common road signs

A few signs you may see when out cycling, and what they mean...

- Cycle route
- Bus Lane (bicycles allowed)
- Shared route for pedestrians / cyclists
- No entry (including bicycles)
- Segregated route for pedestrians / cyclists
- No cycling

Always cycle safely and respect other road and path users.