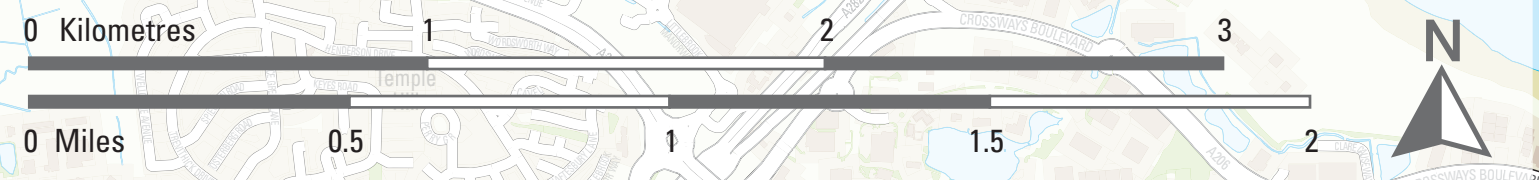


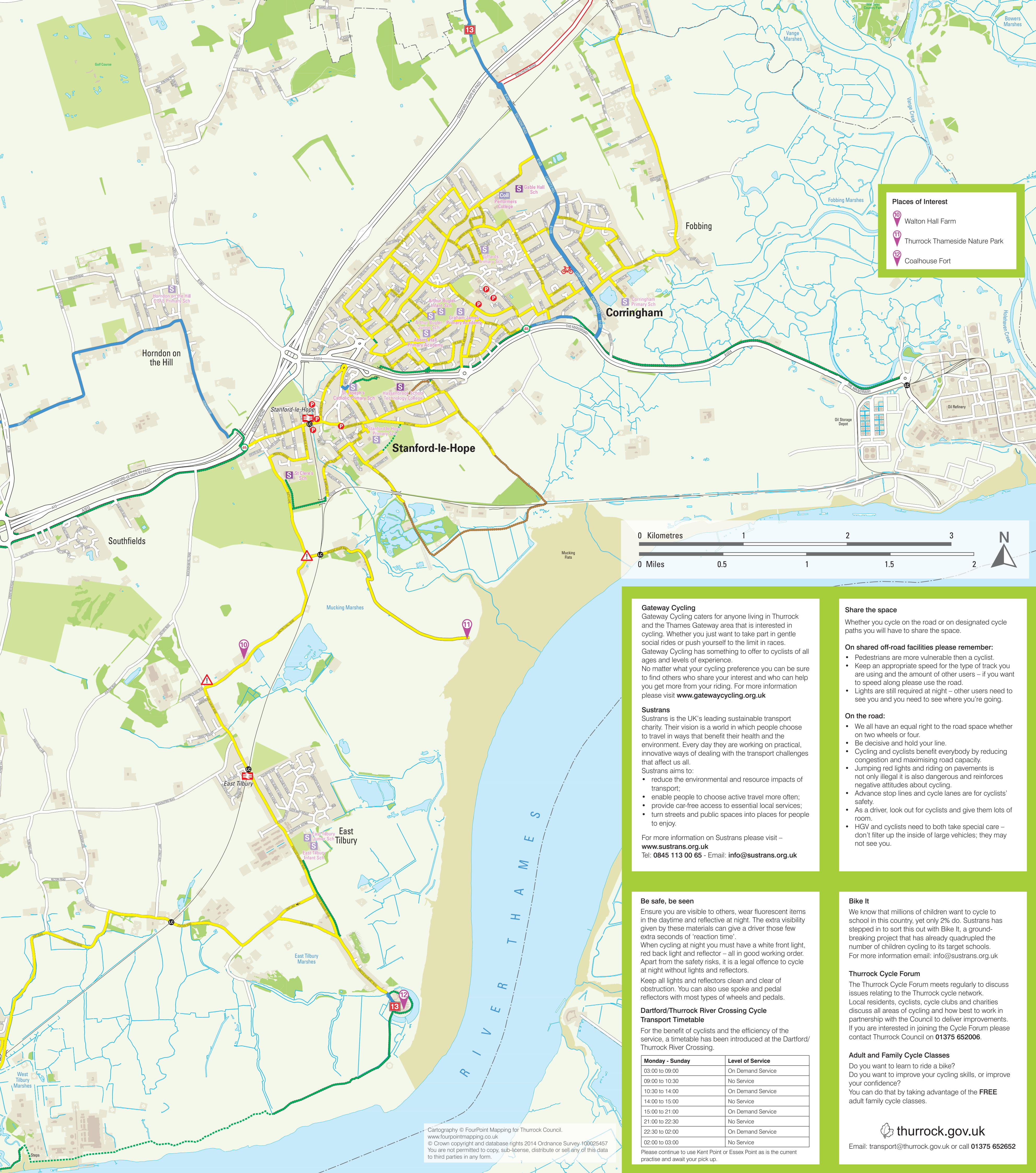
- Local links and links to villages
- Signed cycle route
- On-road cycle lane
- Traffic-free route
- Bridleway
- Walk your bike section
- National Cycle Network
- Route numbers
- Railway with station
- Pedestrian crossing
- Toucan crossing
- Bike shop
- Primary school
- Secondary school
- Special school
- College
- Take care
- Cycle parking
- Place of interest
- Level crossing
- Borough boundary
- Ferry
- One way

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- Places of Interest
- 1 Rainham Marshes R.S.P.B. Nature Reserve
  - 2 High House Production Park
  - 3 Grays Beach Riverside Park
  - 4 Tilbury to Gravesend Ferry
  - 5 Tilbury Fort
  - 6 Chafford Gorges Nature Park
  - 7 intu Lakeside
  - 8 Davy Down Country Park
  - 9 Belhus Woods Country Park







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# Thurrock Cycle Map

**Cycle Shops in Thurrock**  
Thurrock Cycle Centre, 55 Southend Rd, Grays 01375 379221  
The Bike Shop, 10 Clarence Road, Grays 01375 372679  
Corringham Cycles, 47 Lampitts Hill, Corringham 01375 644067  
Halfords Superstore, West Thurrock Way, West Thurrock 01708 862980  
Evans Cycles Lakeside Retail Park, West Thurrock 01708 804988  
Decathlon Tunnel Retail Park, Lakeside 01708 895650

**Council Contacts**  
Highways 01375 413866  
Road Safety Manager & Bike It 01375 413369  
Public Rights of Way 01375 373949

**Other Useful Contacts**  
www.thurrock.gov.uk/travel  
Thurrock Cycle Forum and Map 01375 652006  
Basildon District Council - www.basildon.gov.uk 01268 533333  
Gravesend Borough Council - www.gravesend.gov.uk 01474 337000  
London Borough of Havering - www.havering.gov.uk 01708 432804  
QE2 Bridge Crossing 01322 221603  
Gateway Cycling - www.gatewaycycling.org.uk  
Thurrock Council - www.thurrock.gov.uk 01375 652652  
Sustrans Rangers - sustrans.thurrock@yahoo.co.uk  
Bike Week - www.bikeweek.org.uk  
Lakeside Shopping Centre - www.intu.co.uk/lakeside 07973 390124  
Tilbury Ferry

Scan this code with your smart phone to go to  
[www.thurrock.gov.uk/travel](http://www.thurrock.gov.uk/travel)

**Gateway Cycling**  
Gateway Cycling caters for anyone living in Thurrock and the Thames Gateway area that is interested in cycling. Whether you just want to take part in gentle social rides or push yourself to the limit in races. Gateway Cycling has something to offer to cyclists of all ages and levels of experience. No matter what your cycling preference you can be sure to find others who share your interest and who can help you get more from your riding. For more information please visit [www.gatewaycycling.org.uk](http://www.gatewaycycling.org.uk)

**Sustrans**  
Sustrans is the UK's leading sustainable transport charity. Their vision is a world in which people choose to travel in ways that benefit their health and the environment. Every day they are working on practical, innovative ways of dealing with the transport challenges that affect us all. Sustrans aims to:

- reduce the environmental and resource impacts of transport;
- enable people to choose active travel more often;
- provide car-free access to essential local services;
- turn streets and public spaces into places for people to enjoy.

For more information on Sustrans please visit – [www.sustrans.org.uk](http://www.sustrans.org.uk)  
Tel: 0845 113 00 65 - Email: [info@sustrans.org.uk](mailto:info@sustrans.org.uk)

**Share the space**  
Whether you cycle on the road or on designated cycle paths you will have to share the space.

**On shared off-road facilities please remember:**

- Pedestrians are more vulnerable than a cyclist.
- Keep an appropriate speed for the type of track you are using and the amount of other users – if you want to speed along please use the road.
- Lights are still required at night – other users need to see you and you need to see where you're going.

**On the road:**

- We all have an equal right to the road space whether on two wheels or four.
- Be decisive and hold your line.
- Cycling and cyclists benefit everybody by reducing congestion and maximising road capacity.
- Jumping red lights and riding on pavements is not only illegal it is also dangerous and reinforces negative attitudes about cycling.
- Advance stop lines and cycle lanes are for cyclists' safety.
- As a driver, look out for cyclists and give them lots of room.
- HGV and cyclists need to both take special care – don't filter up the inside of large vehicles; they may not see you.

**Be safe, be seen**  
Ensure you are visible to others, wear fluorescent items in the daytime and reflective at night. The extra visibility given by these materials can give a driver those few extra seconds of 'reaction time'. When cycling at night you must have a white front light, red back light and reflector – all in good working order. Apart from the safety risks, it is a legal offence to cycle at night without lights and reflectors. Keep all lights and reflectors clean and clear of obstruction. You can also use spoke and pedal reflectors with most types of wheels and pedals.

**Dartford/Thurrock River Crossing Cycle Transport Timetable**  
For the benefit of cyclists and the efficiency of the service, a timetable has been introduced at the Dartford/Thurrock River Crossing.


Monday - Sunday	Level of Service
03:00 to 09:00	On Demand Service
09:00 to 10:30	No Service
10:30 to 14:00	On Demand Service
14:00 to 15:00	No Service
15:00 to 21:00	On Demand Service
21:00 to 22:30	No Service
22:30 to 02:00	On Demand Service
02:00 to 03:00	No Service

Please continue to use Kent Point or Essex Point as is the current practise and await your pick up.

**Bike It**  
We know that millions of children want to cycle to school in this country, yet only 2% do. Sustrans has stepped in to sort this out with Bike It, a ground-breaking project that has already quadrupled the number of children cycling to its target schools. For more information email: [info@sustrans.org.uk](mailto:info@sustrans.org.uk)

**Thurrock Cycle Forum**  
The Thurrock Cycle Forum meets regularly to discuss issues relating to the Thurrock cycle network. Local residents, cyclists, cycle clubs and charities discuss all areas of cycling and how best to work in partnership with the Council to deliver improvements. If you are interested in joining the Cycle Forum please contact Thurrock Council on **01375 652006**.

**Adult and Family Cycle Classes**  
Do you want to learn to ride a bike?  
Do you want to improve your cycling skills, or improve your confidence?  
You can do that by taking advantage of the **FREE** adult family cycle classes.

 [thurrock.gov.uk](http://thurrock.gov.uk)  
Email: [transport@thurrock.gov.uk](mailto:transport@thurrock.gov.uk) or call **01375 652652**

**Common road signs and markings that you may come across when out cycling.**

**No entry**  
(for all vehicles including cycles)

**Motor vehicles prohibited**  
(cycles permitted)

**No cycling**

**Segregated route**

**Route for use by pedal cycles only**

**Shared route for cyclists and pedestrian together**

**With-flow cycle lane ahead**

**Cycle lane**

**Cycle route**

**END OF ROUTE**  
End of cycle route

**CYCLISTS DISMOUNT**  
Cyclists dismount

**Direction sign showing recommended route**

**P**  
Cycle parking

**1**  
Cycle route forming part of the National Cycle Network

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